

CTX Counseling Services Resource Guide

Outside agencies and organizations in the community are not endorsed by CTX.

Emergency Dial [911](#) or [988](#)
988 is the National Suicide Hotline Number

General Information Referral Assistance
Austin Area Call 2-1-1

HOTLINES

CAMPUS RESOURCES

Concordia Counseling Services

Scott Davis LCSW-S, LCDC
scott.davis@concordia.edu
A-115, [512-313-5032](tel:512-313-5032)

Lauren Patton LMFT-A
lauren.patton@concordia.edu
A.118, [512-313-5652](tel:512-313-5652)

Campus Ministry

Pastor Jacob Boessling
jacob.boessling@concordia.edu
A-112, [512-313-5051](tel:512-313-5051)

Pastor Steve Fick
pastorfick@gmail.com
A-114

Campus Police

[512-313-3311](tel:512-313-3311)
Provides services for the Concordia campus

PSYCHIATRIC CRISIS
24/7 Crisis Hotline
[512-472-4357](tel:512-472-4357) (HELP)

NATIONAL SUICIDE PREVENTION HOTLINE
[988](tel:988)

SUICIDE PREVENTION FOR LGBTQ-TREVOR PROJECT
[866-488-7386](tel:866-488-7386)

CRISIS TEXT LINE
Text **HOME** to 741741

SEXUAL ASSAULT / DOMESTIC VIOLENCE (Travis County)
[512-267-SAFE \(7233\)](tel:512-267-SAFE(7233))

NATIONAL DOMESTIC VIOLENCE HOTLINE
[800-799-SAFE\(7233\)](tel:800-799-SAFE(7233))

NATIONAL SEXUAL ASSAULT HOTLINE
[800-656-4673](tel:800-656-4673)

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Mental Health Emergency / Psychiatric Hospitals

Seton Psychiatric Emergency Department

On the campus of Dell Seton Medical Center at The University of Texas
1500 Red River Street
Austin, Texas 78701
512-324-7000

Psychiatric Emergency Services (PES)

Urgent Care
Richard E. Hopkins Behavioral Health Building
1165 Airport Blvd., Second Floor, Austin, TX 78702
Hours Monday – Friday, 8am to 10pm,
Saturday, Sunday and Holidays, 10am to 8pm
[512-472-4357](tel:512-472-4357)

Seton Shoal Creek Hospital

3501 Mills Ave, Austin 78731
512-324-2000
www.seton.net/locations/shoal_creek/
Provides variety of services including medical assistance for mental health issues

Georgetown Behavioral Health

3101 S Austin Ave.
Georgetown, TX 78626
512-819-1154
512-819-6126

Rock Springs Hospital

700 Southeast Inner Loop
Georgetown, TX 78626
512-819-9400

Austin Oaks Hospital

1407 W. Stassney LN
Austin, TX 78745
512-440-4800

Substance Use/Abuse

Integral Care (Travis County)

512-472-4357

Bluebonnet Trails (Williamson County)

844-309-6385

Northwest Counseling & Wellness Center

12335 Hymeadow Dr. Ste 300, Austin 78750
512-250-WELL (9355)
Provides outpatient treatment for substance use as well as general mental health counseling, alternative therapies and wellness.

Sober Austin

Resources for alcohol in the Austin area

Austin Alcoholic Anonymous

Central Texas Narcotics Anonymous

Communities for Recovery

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Abuse/Intimate Partner Violence

Counseling-services/intimate-partner-violence

Travis County [SAFE Alliance](#)
[512-267-7233](#)

Williamson County: [Hope Alliance](#)
[800-460-7233](#)

Hays / Caldwell County: [HC Women's Center](#)

[National Domestic Violence Hotline](#)

Housing / Homelessness

Landlord / Apartment concerns: [Austin Tenant's Council](#)

Homeless Assessment [Austin ECHO](#)

[Austin Area Homeless Shelters](#)

Legal Issues

[Austin Legal Aid](#)

Food Insecurity / Resources

Concordia Food Pantry
Concordia Campus Building F
F.201

[Central Texas Food Bank](#)
Food Pantries and other nutrition assistance
512-282-2111

[Travis County Community Centers](#)

[Mobile Loaves and Fishes](#)

Medical Assistance & Psychiatric Health

Travis County (without insurance)
[Travis County MAP Program](#)

[Community Care Clinics](#)
Including Dental Care and Behavioral Health

[Integral Care](#) (Travis County - multiple locations)
512-472-4357

[Bluebonnet Trails](#) (Williamson County – multiple locations)
844-309-6385

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Reduced Fee Counseling

Safe Austin (*Sexual & Domestic Violence*)

HOTLINE: 512-267-7233 (SAFE)

Administrative: 512-385-7233

www.safeaustin.org

Provides a variety of services with the mission to end sexual & domestic violence through safety, healing, prevention and social change.

Capital Area Counseling

7703 N Lamar Blvd

Austin, TX 78752

512-302-1000

Provide low-cost counseling to individuals, couples, families, and groups.

LifeWorks (3 Locations)

8913 Collinfield Dr

Austin, TX 78758

(512) 735-2400

Youth and Family Counseling / Youth homelessness

Eating Disorders

Austin Foundation for Eating Disorders

Support and Resources for those affected by eating disorders in the Austin area

National Eating Disorders Association (*Eating Disorders*)

800-931-2237 (Help Line)

www.nationaleatingdisorders.org

Provides resources, information, and support for those affected by eating disorders

Samaritan Center

8956 Research Blvd

Bldg. 2

Austin, 78758

512-451-7337

Provides counseling to all ages, individual, couples and families.

Hope for Heroes program for MILITARY VETERANS AND FAMILIES

Waterloo Counseling Center for LGBTQIA

314 Highland Mall Blvd

Suite 301

Austin 78752

512-444-9922

Provides affordable counseling with an expertise in gender, sexual and cultural diversity.

Grief Counseling & Groups

The Christi Center

2606 Hancock Dr. Austin, 78756

512-467-2600

Grief support groups offered for various ages and times throughout the week at NO charge.

Austin Center for Grief and Loss

2413 Greenlawn Pkwy

Austin, TX 78757

512-472-7878

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Christian Counseling Centers

[Hyde Park Counseling Center \(Baptist\)](#)

711 W. 38th St, Ste. E-2, Austin, 78705
512-451-2186

[The Timothy Center](#)

11754 Jollyville Rd. Ste. 110 Austin, 78759
512-331-2700
Reduced rates available.

[Austin Stone Counseling](#)

Multiple locations around Austin